

Enjoy a....
*Cup of Coffee with the
Cupboard!*



*From the desk of our
Executive Director
Lori Shatto....*

Good morning,

I hope you all had a wonderful long weekend. The May long weekend always signals the start of all things summer.

Ah, spring and summer are two of the most beautiful seasons of the year!

There's something so invigorating about the warm sunshine, the gentle breeze, and the vibrant colours of nature that come alive during this time. It's a time of new beginnings, growth, and endless possibilities. Whether you love to soak up the sun at the beach, hike in the mountains, or enjoy a stroll through the park, there's no denying the joy of spending time outdoors in the spring and summer.

It's a time to connect with others, explore new places, and create memories that will last a lifetime. So, if you're looking for a reason to smile today, take a deep breath, feel the sun's warmth on your skin, and let yourself be filled with the joy and beauty of spring and summer. There's so much to discover and be grateful for; these two seasons are the perfect reminder.

If you or a loved one needs equipment to help you get outside and explore, please call us at 403-356-1678. We would love to help you!

Take care,

Lori Shatto

*What's happening at the
Cupboard*

Meet our board member Rebecca Schmalz



One of the best things about our board here at TLC is the striking diversity among its members! We are really thankful for the range of skill sets and talents, as it strengthens our vision as we continue to serve Central Alberta.

Today, we'd like to introduce you to Rebecca Schmalz, who brings more than ten years of experience as a Business Development Professional.

As a Business Development Consultant with Red Deer Polytechnic, she works closely with business partners to support and enable organizational cultures of lifelong learning and development through customized training solutions.

We are so pleased she joined our board last fall, and she's proven to be a tremendous addition to our TLC team.

Rebecca is also on our Fundraising and Board Development committees.

Looking back, she first learned of the services offered at TLC through a former role as a territory business manager and equipment provider.

"I became more interested in being involved and positively impacting the community. It seemed like a great link with my prior experience and knowledge that I could bring to the team at The Lending Cupboard," she said.

And right from the start, it proved a terrific fit.

"I really loved the atmosphere, the commitment and the enthusiasm that the other board members had for the organization and the community at large," she said. "Really, that's what sealed the deal for me!

"It goes back to that depth of commitment and care to the community and the compassion for the clients we support. I clearly see that amongst our staff, volunteers, and board members. When we all come together, we have that combined goal of helping to leave our community and our clients in a better place than when they first come to us," she said.

Rebecca is also passionate about her role with our Fundraising committee in particular.

"I love that we get to go out and connect with the community face to face, which is so nice," she said. "And also to help raise awareness and hear about how many people already know about our services or have been impacted by our services."

Indeed. It's always a joy to hear how clients have been helped through their connection with TLC. Those are the stories that genuinely continue to inspire her.

"That is so amazing! Our reach is far already!"

As to helping to make a difference in the community, Rebecca knows firsthand how it has enriched her life. She wants others to experience that same type of fulfillment.

"First of all, I would say don't hesitate," she said about taking on a volunteer role. "There is so much to be gained from a volunteer perspective. I also think people can contribute in ways they might have yet to be aware of. There are so many varied backgrounds to bring.

"This has been such a welcoming group - from the volunteers, the staff and the board. It has exceeded my expectations in terms of how quickly I felt intertwined in the organization. It's amazing.

"I also think Lori (our executive director) is a huge part of that, too. She is fantastic with bringing the staff team and the board together - she has a great and caring way about her. I love her enthusiasm and her positive outlook."

Our TLC team takes part in the City's Green Deer campaign

Every year, our dedicated staff and volunteer team members lend a helping hand to support the Green Deer campaign! We like to do our part to help make sure the environment around our facility is nice and clean!

A huge thanks to everyone who came out to help this year - all had a fun time!



*We love Green Deer!
Thanks to our team for helping out!*

Check out a favourite recipe we enjoy here at TLC!

There are so many great reasons to volunteer at The Lending Cupboard™.

In addition to the incredible feelings that come with making a difference, we also have much great food in our lunchroom.

Thanks to our Systems Coordinator, Kathy, we always have delicious baking, whether it's muffins, cinnamon buns, cakes, or cookies. One of our favourites that Kathy makes is rhubarb dump cake! Check out the recipe below!

By the way, we are always looking for volunteers, so if we've piqued your interest, you can learn more about our various volunteer opportunities by calling Brenda at 403-356-1678 Ext: 203 or emailing volunteer@lendingcupboard.ca.

Rhubarb dump cake!



- 1 lb. rhubarb, cut into 1/4 inch pieces
 - 1 cup white sugar
 - 1 (3-oz.) package of strawberry Jell-O
 - 1 yellow cake mix
 - 1 cup water
 - 1/4 cup butter, melted
-

Preheat oven to 350F. Grease a 9X13 pan.
Spread the rhubarb evenly in the bottom of the dish.
Sprinkle sugar over the rhubarb followed by the Jell-O and finally the cake mix.

Pour the water and melted butter over the top.

Do not stir.

Bake for 45 minutes or until rhubarb is tender.



Meet our happy client Donna!

She found an unexpected surprise at TLC during a recent visit!



"I was getting a walker for my 90-year-old father," explained our client Donna. "Then I saw this tri-rider bike! My balance is poor so regular bikes don't work for me. And it works with my cast (Donna is dealing with a leg injury) as well, so it's PERFECT! She was also thrilled with the very reasonable price!

"I love it!

Her husband, Mark agreed. "We thought it was going to be at least \$1,000 but it was half that price. And it looks so new!"

We are always SO PLEASED to see our clients get exactly what they need!



Thank You For Your Support!





The Lending Cupboard™ Society of Alberta | #1, 7803 50 Avenue, Red Deer, T4P 1M8 Canada

[Unsubscribe ed@lendingcupboard.ca](mailto:ed@lendingcupboard.ca)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by ed@lendingcupboard.ca in collaboration
with



Try email marketing for free today!
