

Enjoy a....
*Cup of Coffee with the
Cupboard!*



*From the desk of our
Executive Director
Lori Shatto....*

Happy Friday everyone.

We trust that you are having a great week!

Summer is in full swing, and the days are getting longer and warmer. With so much sunshine and warmth, it's the perfect time to get outside and enjoy all our community offers. One great way to do that is by volunteering and giving back to those in need.

Many dedicated volunteers in our community give their time and energy to help others. From helping out here at The Lending Cupboard™, supporting our communities with medical equipment and daily living aids, to mentoring youth, these individuals make a real difference in the lives of people around them. We want to thank them for their hard work and dedication.

On another note, mark your calendars for The Lending Cupboard's Harvest Gala on Friday, September 22, 2023. This NEW biennial event is a great way to support a local charity while enjoying a night of food, fellowship, and fun. The Lending Cupboard™ provides medical equipment to those in our communities, and your support can help make a real difference in someone's life.

So, whether you spend your summer days volunteering, soaking up the sun, or both, remember that there are always ways to positively impact our community. We hope to see you at The Lending Cupboard's Harvest Gala this fall.

Until next time, remember that we are here to support your medical equipment and daily living needs, so please reach out if you need anything or have any questions.

Take care,

What's Happening at the Cupboard



Harvest Gala: A Night of Elegance in Central Alberta

Get ready to don your finest white attire and join us for a remarkable and exclusive evening at The Lending Cupboard's inaugural Harvest Gala! On Friday, September 22, we are taking over the stunning River Valley Wedding Venue for a night of elegance, good food, and even better company.

Picture this: You arrive at the breathtaking River Valley Wedding Venue, stepping into a world of enchantment. Soft lights welcome you, and the air is filled with laughter and the tantalizing scent of delicious food. You find yourself surrounded by like-minded individuals who, just like you, are there to have fun while supporting the community.

As a registered charity, The Lending Cupboard™ strives to enhance the quality of life for Central Albertans, whether they are facing upcoming surgery, an accident, aging in place, or any mobility challenges. We firmly believe that no one should be limited by their physical situation, and that's why we work tirelessly to provide support and resources to those who need it the most.

However, we can't do it alone. We rely on donations and fundraising events to keep our operations running smoothly. That's where the Harvest Gala comes in. This fantastic soirée will be a night of pure enjoyment and an opportunity for you to contribute to a cause close to our hearts.

So, mark your calendars and get ready to party with a purpose. Let's make this night one to remember and show Central Alberta how powerful we can be when we come together.

Tickets will be available for purchase online starting Monday, August 14, and are limited, so make sure to put a reminder in your calendar and follow us on social media, where we will release more details over the coming weeks.

Camp Kuriakos is Embracing Inclusion in Sylvan Lake

We've got an inspiring story to share about a fantastic camp, Camp Kuriakos, located on the scenic west side of Sylvan Lake.

Earlier this month, Camp Kuriakos hosted a group of inquisitive campers aged 14 to 17 who experienced first-hand the daily struggles faced by individuals with limited mobility. You see, stepping into someone else's shoes can be an eye-opener, especially when those shoes come in wheelchairs, walkers, and crutches. Camp Kuriakos designed an obstacle course that showcased various accessibility hurdles. For example, the campers had to navigate up a hill using different medical equipment. It may seem simple, but imagine scaling a hill in a wheelchair. Talk about stepping up to the challenge!

After completing the obstacle course, the campers were asked to share their thoughts on the experience. They reflected on their difficulties and brainstormed ideas for making the course and the camp more accessible. Talk about being proactive problem solvers!

In an incredible move toward inclusivity, Camp Kuriakos is in the process of forming an inclusivity committee. Their goal is to ensure that anyone, regardless of their mobility challenges, can experience the joy and adventure that await at this fantastic camp. Now, here's where we come in! We were thrilled to lend a helping hand (or wheel?) by providing the wheelchairs, walkers, and crutches the campers used during their obstacle course adventure. Everyone should be able to explore, grow, and have fun, regardless of

mobility limitations.

So, let's raise a toast to Camp Kuriakos and their incredible efforts to embrace inclusivity! They're breaking down barriers, one adventure at a time, and we couldn't be prouder to support their mission.

Here's to more accessible adventures, smiles, and memories that will last a lifetime!



TLC Teams Up With The Rotary Club of Red Deer Sunrise



If you visited the fairgrounds yesterday, you may have noticed a dedicated group of Lending Cupboard staff and volunteers selling 50/50 raffle tickets in partnership with the Rotary Club of Red Deer Sunrise. Together, we worked tirelessly to promote and sell these tickets, with a portion of the proceeds supporting our mission of empowering Central Albertans of all ages to live their lives to the fullest by maintaining mobility, independence, and dignity.

By participating in the 50/50 raffle, fairgoers have a chance to win a substantial cash prize and contribute to a cause that directly impacts the lives of Central Albertans. If you missed the opportunity to purchase tickets at the fairgrounds, don't worry! Ticket sales for the 50/50 raffle will continue until Sunday night. Now, for those who prefer to avoid crowds or want the convenience of online purchasing, you can visit rotary5050.com to buy your tickets. Even better, while supporting the 50/50 raffle, you can contribute to The Lending Cupboard™ by selecting our name under 'Central Alberta charities.'

As of last night, we are thrilled to announce that the accumulated total from the raffle ticket sales reached an impressive amount of over \$27,000! This means the lucky draw winner will receive a grand cash prize of over \$13,000! Just imagine what you could do with that amount of money!

Thank you to everyone who has already purchased a ticket or supported our cause. Together, we can ensure that people of all ages can live their lives to the best of their abilities.

Change Lives - Volunteer



Find out about volunteer opportunities at
www.lendingcupboard.ca/volunteer-opportunities



Thank You For Your Support!



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