

Enjoy a....
*Cup of Coffee with the
Cupboard!*



*From the desk of our
Executive Director
Lori Shatto....*

Good afternoon,

I hope that each of you is having a good week. Here at The Lending Cupboard™, we have been busy planning our first Harvest Gala, which is happening on Friday, September 22nd. Many fun and exciting things are in the works, and we encourage you to get your tickets early! More information is provided below.

Well, it is hard to believe that we are in the middle of August and a few weeks, schedules will resume to normal with kids and young adults heading back to school, extracurricular activities begin again, and summer vacations close.

Summer vacations are the highlight for many of us each year. It's a time to relax, explore, and create unforgettable memories with family and friends. As we draw near to the close of yet another summer season, let's take a moment to reflect on our childhood summer vacations and the joy and happiness they brought us.

For many of us, our most cherished summer vacation memories involve spending time by the beach, building sandcastles, and jumping over waves. Others may remember going on road trips with their families, stopping at parks, and visiting historical sites. Whatever the experience, summer vacations always held a special place in our hearts.

For me, it was precisely that. I remember with fond memories travelling by ferry to visit my grandparents. It was also always so much fun to hang out with cousins I hadn't seen in a while. We have been hearing similar stories here at The Lending Cupboard™ this summer. Stories of family members visiting from a distance, so families here were stopping by to borrow medical equipment, such as wheelchairs, bath seats or rollators, to ensure their visiting family members had the best stay possible. Enabling them to take day

trips and explore our beautiful province without worrying about mobility issues. Enjoying each moment with family and friends with independence and dignity.

So, if you have family visiting and need medical equipment, please call us – we are here to help you and your loved one create special and long-lasting memories.

Now, as we close another week, I encourage you to take time out of your busy schedules to reflect on some special memories of summer's past. What and who made them special? Share a moment of gratitude for those special times and those who helped to make it memorable.

I wish you all a wonderful weekend and week ahead.

With sincere gratitude,

Lori Shatto

What's Happening at the Cupboard



Harvest Gala Tickets On Sale

Join us on **September 22** for an unforgettable night of elegance, delectable cuisine, unique beverages from local breweries and distilleries and great company at the stunning River Valley Wedding Venue.

Tickets are now available for purchase! Don't miss your chance to be part of this remarkable event.

By joining us at the Harvest Gala, not only will you enjoy a night of sophistication, but you'll also be supporting a cause close to all our hearts. As a registered charity, The Lending Cupboard strives to enhance the quality of life for Central Albertans. We believe everyone deserves the opportunity to thrive, regardless of their physical situation.

You can secure your seat now and contribute to a cause that makes a difference in our community.

Let's unite Central Alberta and create a night to remember at The Lending Cupboard's Harvest Gala. Join us as we celebrate, support and uplift lives.

Tickets are \$100 + GST and can be purchased in person at our office (1 7803 50 Ave, Red Deer) or by [completing the form on our website](#).

We thank our event sponsors, including [River Valley Wedding Venue](#), [Kraze 101.3](#), [X100.7](#) and [The Red Deer Advocate](#).

Summer Memories from TLC



Summer, with its warm breeze and longer days, creates memories that remain etched in our hearts for a lifetime. Whether it's the carefree days of childhood adventures or the exhilarating experiences of adulthood, summer memories hold a special place in our lives. They evoke a sense of nostalgia, joy, and a deep appreciation for this season's magic. Our staff and volunteers can attest to that by sharing some of their favourite summer memories with us.

“One of my most cherished summer memories is from when my three children were little. My youngest had just been born, and my oldest was on the brink of starting Kindergarten. The realization that this would be our last summer together before my oldest started school weighed heavily on my heart. On a particularly scorching day, when the heat inside our home was unbearable, I decided to plan a special adventure for us. I gathered a stack of sheets and transformed our swing set into a makeshift tent. Inside, I arranged a collection of books to read together, including *Bernstein Bears By the Sea Side*. Nearing the end of the day, I remember looking at the kids - who were sleepy, sweaty and smelling of strawberries – and thinking to myself that these moments were why I wanted to become a mother.” **Tracy – Volunteer Coordinator**

"This year, in May, I went to Peachland, BC, to visit my family. We spent a day at Arrow Lake to visit my brother's friend. Little did I know that I would encounter a bear! Although that was quite the scare, I still had a blast spending quality time with my sister, brother and extended family." – **Kim, Volunteer**

"Before my mother passed, she had several experiences that she wanted to cross off her bucket list, including riding in a hot air balloon, flying in a helicopter and riding in a canoe. Over that summer, I was able to spend quality time with my mom, which I cherish the most." – **Marlyne, Volunteer**

Before summer ends, let us embrace each moment, create new memories, and cherish their lasting impact on our lives. Summer memories are fleeting moments and enduring treasures enriching our journey.

Join us on August 22 at Penhold Discovery Night.

Are you curious about the incredible clubs, organizations, and agencies that help shape the vibrant community of Penhold? Well, **mark your calendars for August 22** because Penhold Discovery Night is just around the corner! This exciting event, from **6-8 p.m. at the Penhold Multiplex**, is an excellent opportunity for residents to delve into all Penhold offers.

We are thrilled to be one of the many organizations participating in this event, aimed at raising awareness about the diverse range of services accessible to Penhold residents. Moreover, this is a golden opportunity to connect with individuals with similar passions and interests. If you plan on attending, be sure to swing by our booth!

We would be delighted to see you there and have a chance to say hello.



Thank You For Your Support!



The Lending Cupboard™ Society of Alberta | #1, 7803 50 Avenue, Red Deer, T4P 1M8 Canada

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